

# Anawim Housing Tenant Newsletter

Home is everything.

SPRING 2012

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## STAY UP TO DATE ON THE "HAPPENINGS" OF ANAWIM HOUSING

- Anawim Housing Web Page
- FACEBOOK Fan Page
- TWITTER
- YouTube
- Linked In



## Save the Date for the 2012 Women's Retreat

Be sure to mark down Saturday, **April 14th** from 9a.m.—1p.m. for the 2012 Anawim Housing Women's Retreat at the downtown Holiday Inn!

This 3rd annual special event is specifically for the adult-female tenants of Anawim Housing.

There will be informational booths set up with health/wellness information.

There will be an opportunity to make your own jewelry and enjoy a great hot lunch with dessert while getting to know your fellow Anawim neighbors.

A yoga instructor will also be on sight to teach you some relaxing techniques.

You won't want to miss this enjoyable day! It will be a wonderful opportunity for you to make a

friend, get pampered and laugh!

All tenants will receive an invite in the mail in March.

**To RSVP**, please call Tiffany at 244.8308 x119 or email at [tking@anawimhousing.org](mailto:tking@anawimhousing.org)

The event is **FREE**, so call to get reserve your seat TODAY!



## GRASP CARDS

The City of Des Moines, in collaboration with the Des Moines Parks and Recreation, have created a program offering low-income families significant discounts on activities. With your GRASP Card, which stands for **G**reater Des Moines **R**ecreational **A**ctivity **S**cholarship **P**rogram, you could receive discounts on Parks and Recreation programs including swim lessons, tennis lessons, basketball,

shelter rentals and much more if your household meets income guidelines. If your household meets the income guidelines below, you can have more fun for less money this year.

House size	Income Guidelines
1	\$24,500
2	\$33,000
3	\$41,500
4	\$50,000
5	\$59,000

You can apply for these cards now! The year-round locations you can call or visit to learn more include:

\*Parks/Rec Office

237.1386

\*6th Ave Action Agency

248.6216

\*Pioneer Columbus Center

248.6316

\*Four Mile Center

248.6310

# Beneficial Workshops

## **RENT WISE:**

Rent Wise is an Anawim Housing sponsored workshop provided by Home



Inc. that is available to you for free! Beginning on Thursday, March 29th from 5:30p.m.—7p.m. will be a 7-week series covering a variety of topics such as: budgeting

skills, your rights as a renter, energy saving actions that can save money, what to do when moving out, etc.

To register call Tiffany at 244.8308 x119 or email [tking@anawimhousing.org](mailto:tking@anawimhousing.org)

## **DIABETES WORKSHOP**

This program is sponsored by Polk County



Health Department and begins on April 3rd from 5-6:30 for 5 weeks. You will receive your own glucometer to monitor your blood sugar, as well as learn how to live a healthier life. Cost is \$10, but scholarships are available.

Call 515.323.5227 to get registered today.

## **Healthy Trail Mix**

(14 servings, about 1/2 cup each)

### **Ingredients:**

- 2 Cups unsweetened cereal (Cheerios, Wheat Chex, Life, etc.)
- 2 Cups sweetened cereal (Honey Nut Cheerios)
- 2 Cups small pretzels
- 1 Cup dried fruit (raisins, craisins, or dried apricots or dried pineapple chopped in small pieces)

### **Instructions:**

1. In a bowl, mix together all ingredients
2. Place in a container with a lid to keep fresh

### **Tips:**

1. Divide into snack-size baggies
2. If you like, add some nuts to the mix
3. Dried fruits are a choking hazard for young children.



# Last Chance for Energy Assistance

The City of Des Moines provides the Low Income Home Energy Assistance Program (LIHEAP) for those that qualify until **April 30th.**

To schedule an appointment or see if you qualify, please contact the Des Moines Community Ac-

tion Agency located on 1618 6th Avenue. A staff person can be reached at 515.248.6216 Mon. through Fri. from 8a.m.—5p.m. They have extended their hours until 7p.m. on Tuesday and Thursday. Households who are over income guidelines may still

be eligible for benefits through the medical waiver component.

LIHEAP is a one-time payment. You can only get assistance if you pay for your heat yourself. If your heat is included in your rent, you are not eligible.

# EDUCATIONAL OPPORTUNITIES

Anawim Housing hosts a series of educational programs throughout the year on a variety of topics. All tenants are invited to be a part of these classes. The upcoming classes include:

- March 20th** at 5:30p.m.—6:30p.m. Habitat for Humanity will discuss Home Ownership Opportunities
- May 22** at 5:30p.m.-6:30p.m. DMACC Workforce Training Cer-

tificate Programs.

July 17th at 5:30p.m.—6:30p.m. Neighborhood Safety

To see a full list, please visit our website [www.anawimhousing.org](http://www.anawimhousing.org)

# Property Services

## THIS IS YOUR HOME

- Please help the Property Services Staff by filling out a written request for items you would like addressed. A maintenance request may be filled out online at [www.anawimhousing.org](http://www.anawimhousing.org)
- The request form may be found on left hand side under "For our tenants"
- Property Services Staff will do their best to get to your request in a timely manner

2. The change reflects a renewed dedication of service to our tenants.

**The Heating Season is almost over**  
(SAVE \$ on ENERGY BILLS)

Home is everything.

3. Please make sure all windows are closed
4. Those tenants with Boilers—the goal is to have the building as a whole at a constant temperature. Our units do not have individual control of temperatures.

\*Some units will be warmer and/or colder as the building tries to regulate itself

\*Please be sure all exterior doors are closed

## Maintenance Department is now PROPERTY SERVICES

1. New name, same excellent service.

1. Please change your furnace filters monthly

2. Please set your thermostats to 72 degrees when home and 68 degrees when out.

**Thank you for a great start to 2012.**

## Job Hunting

- ⇒ **Iowa Works Monthly Career Fair** on March 14th at the Wallace Building from 10a.m.—12p.m.

- ⇒ **Reentry Career Fair** at the Botanical Center on March 30th from 11a.m.—2p.m.

**For more information visit:** [http://](http://www.iowaworkforce.org/region11/desmoines.htm)

[www.iowaworkforce.org/region11/desmoines.htm](http://www.iowaworkforce.org/region11/desmoines.htm).

- ⇒ Iowa WORKS has **new workshops** beginning in March to assist you with your job searching ability. To learn more or sign up for these classes call 281.9606



- ⇒ **2012 Career/Resource Expo** on Thursday, April 12th from 10a.m.—3p.m. at the FFA Enrichment Center (adjoining the DMACC Ankeny Campus) at 1055 SW Prairie Trail Pkwy in Ankeny

- ⇒ Creative Visions has a **Job Readiness Program** and a Job Club. To learn more about these employment preparation opportunities, please call 244.4003

- ⇒ **Dress for Success:** For any female tenant at Anawim Housing who has an interview or a new job—you are able to be set up with a suit and/or work clothes through Dress for Success. If you have a new job or a job interview, please call Tiffany at Anawim Housing 244.8308 x119 to get an appointment.



## Anawim Housing

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## Property Management Reminders

- For your convenience, Anawim Housing now has a credit card machine for you to pay your monthly rent with.
- Please keep your yard clean of trash and garbage. Be sure your garbage can is closed so animals can not cause a mess.
- Do not park on the grass
- Check smoke detector batteries
- Change your furnace filters monthly.
- If you need to call the emergency pager (333.7124) after hours or on the weekend, please leave your name, number, address, telephone number and a brief message. This emergency service is for Anawim Housing tenants only.
- Partial payments toward rent can no longer be accepted. Contact your Housing Manager before the 1st of the month, if you need to make arrangements regarding your rent.
- Contact your Housing Manager before the 1st of the month to discuss a payment arrangement
- If your rent is being paid after the 3rd of the month, be sure to include your \$25.00 late fee with your rent.

