

SAVE THE *date*

for the

WOMEN EMPOWERING FAMILIES

THANKS *giving* event 



THURSDAY

Nov. 15<sup>th</sup>

5 - 7 pm *at*

THE SHERWOOD FOREST  
EVENT CENTER | 7460 HICKMAN RD.  
Windsor Heights, IA 50325



Join us for this special annual women's event as we share an evening of thankfulness and giving. We invite you to come and learn more about Women Empowering Families and ways that you can help directly support the hundreds of single-mothers, families and children we serve every day.

Guests are asked to bring an unwrapped household item that will later be gifted to an Anawim Housing tenant or tenant family in need. Food and wine will be provided. We look forward to seeing you there!

*rsup*

On our website: [www.anawimhousing.org/announcements/70](http://www.anawimhousing.org/announcements/70)  
or by contacting Tiffany King - phone: 515.809.1156  
email: [tking@anawimhousing.org](mailto:tking@anawimhousing.org)

ANAWIMHOUSING.ORG

1171 7th Street, Suite 1  
Des Moines, Iowa 50314



[facebook.com/anawimhousing](https://www.facebook.com/anawimhousing) [@anawimhousing](https://www.instagram.com/anawimhousing) [@anawimhousing](https://www.twitter.com/anawimhousing)

NON PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
DES MOINES, IA  
PERMIT NO. 4073

# ANAWIM HOUSING

FALL 2018





## A TRIBUTE TO OUR LEADERS

RUSS FRAZIER  
PRESIDENT, ANAWIM HOUSING

With the recent recognition of long time Anawim Board Member Emeritus Bill Lillis as a Des Moines Sage over 70, I reflect on the outstanding volunteer leaders Anawim is so fortunate to be associated. These individuals, both past and present, not only recognize the need for safe and affordable housing but have also been instrumental in the positioning of Anawim as a central Iowa leader in the development and implementation of programs to serve hundreds of families every year.

Board members for any organization are crucial to the successful fulfillment of the mission. For more than three decades, Anawim has had the privilege of working with the area's brightest and most influential leaders. These are the advocates for our families with children looking for a place they can afford. They are the voice for immigrant families whose stories span oceans. They are the community activists who identify the need for housing as the first place to start in delivering services to those individuals struggling with substance or mental health issues.

Anawim's achievements and life changing impact on families are a result of insightful and committed leadership. We take this opportunity to thank our volunteer leaders for their exceptional gift of time, shared life experiences and intuitive decision making that guides Anawim each day.



Congratulations to former Board Member Emeritus, Bill Lillis, for being selected as one of this year's DSM Magazine Sages Over 70. Bill was nominated by Anawim Housing for his commitment to the community, and fulfilling the Anawim Mission.



## Anawim provides a space for tenants to come

By Hannah Landgraf,  
Anawim Program Manager

# full circle

*Home is Everything* at Anawim Housing and the staff that manage our permanent supportive housing programs are taking that motto to heart by cultivating a spirit of home that goes beyond a physical structure.

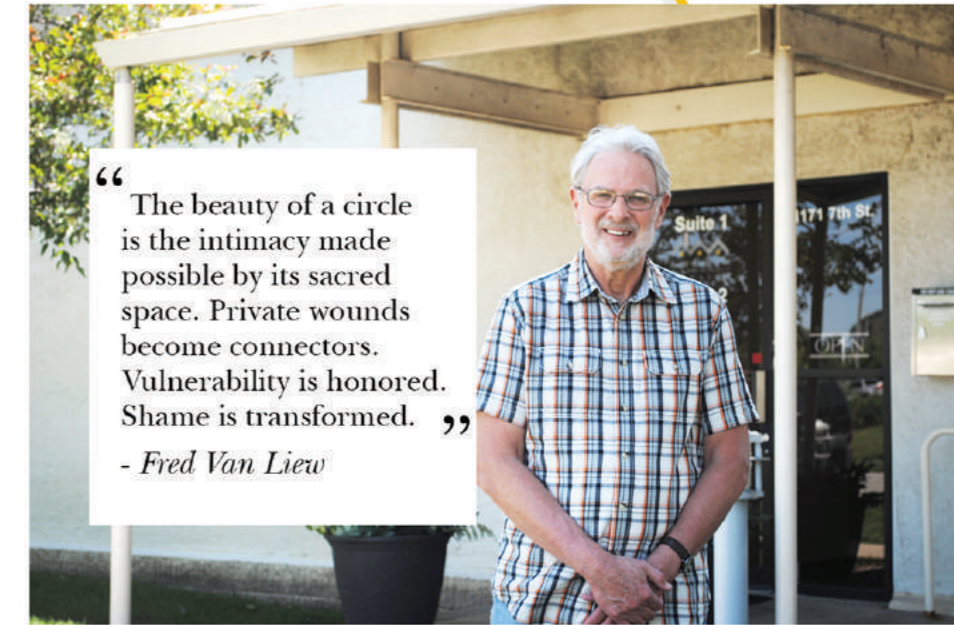
Each Friday, the lower level of our office turns from conference room to a community room. We share a meal, we share stories, we build relationships, and we welcome providers and professionals from around Des Moines to share resources, tools and practices that help our tenants build happier, healthier, less isolated lives.

This space is called Full Circle. Since its inception in April 2018, it has become a place for tenants to connect, grow, learn, and work together toward self-sufficiency.

At Anawim, we understand that move-in day is only the beginning of our work. Some of our program tenants have left behind homeless campsites where they had developed close relationships in order to survive. Some don't have close relationships - they lack a safety net, or their relationship with family is strained or broken.

**The joy of move-in day can unexpectedly turn into social isolation and loneliness for some.**

The tenants who gather for Full Circle named the group themselves. Fred Van Liew, a founder of Anawim Housing, and regular facilitator of



“The beauty of a circle is the intimacy made possible by its sacred space. Private wounds become connectors. Vulnerability is honored. Shame is transformed.”  
- Fred Van Liew

Full Circle, provided inspiration for the name after initiating the group process of deep listening to help build trust.

“Revelations [made in the circle] educate both listeners and storytellers. A collective courage emerges,” says Fred.

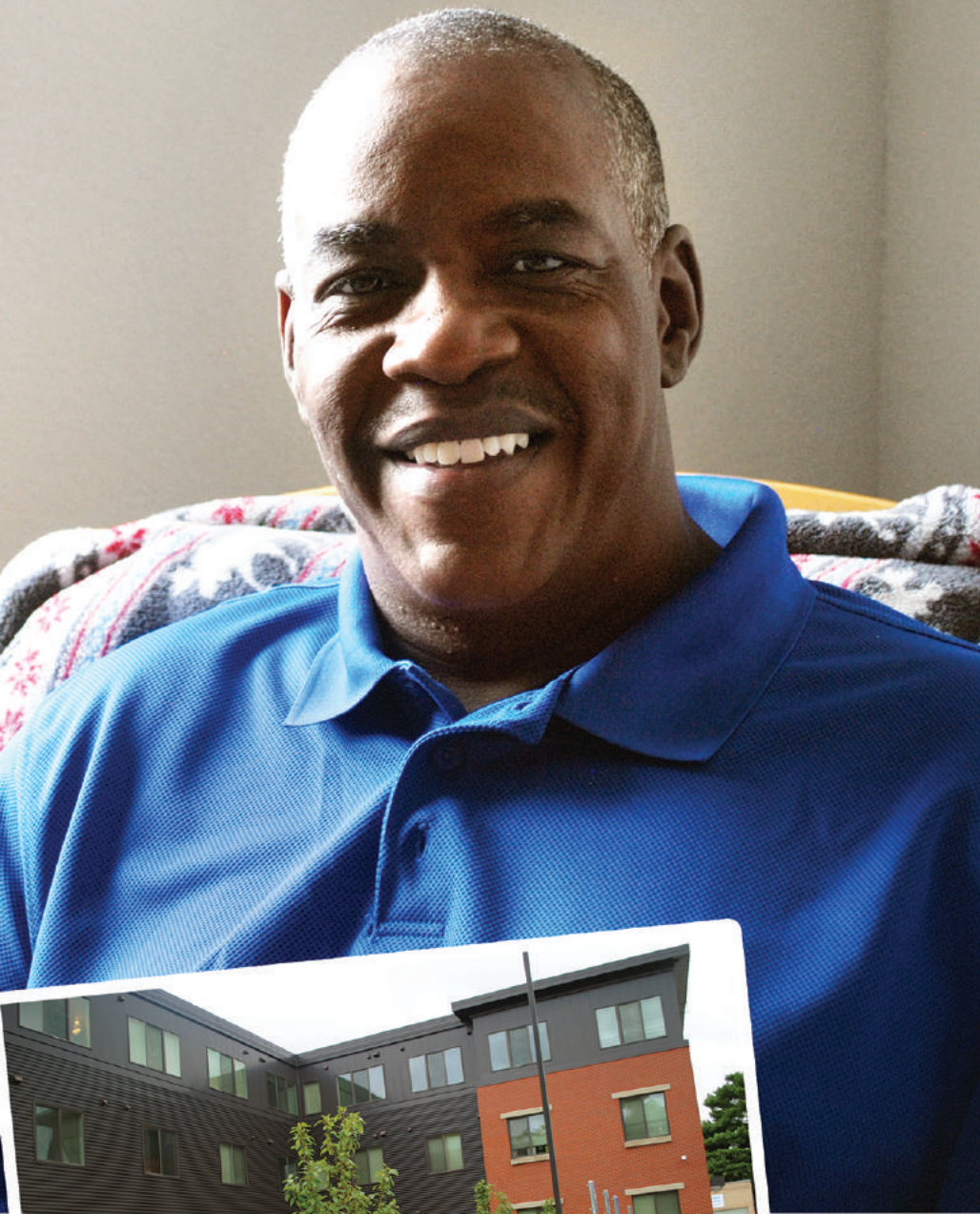
On the weeks that Fred joins us, he helps us cross the threshold - from chaos to connection and self-reflection. Other guests have included art therapists, police officers, and financial planners to offer their guidance. Tenants have practiced chair yoga and learned about programs and events across the city.

Moving homes consistently ranks on top lists of most stressful life events and that's especially true for Anawim Housing tenants. Full Circle seeks to be a space to build

trust and community amidst that stress.

Over the last few months, we've seen participants come full circle - we've heard them tell stories of hardship and home, we've seen long standing tenants share wisdom with new tenants and we've watched individuals take on leadership roles within the group. Over the next few months we hope to grow the number of participants who gather each Friday. We believe Full Circle is creating a spirit of home where our tenants can develop skills and connections to lead happier, healthier, more stable lives. In the words of one participant,

**“I look forward to Full Circle all week. It is nice to have something to look forward to.”**



Brickstones At Riverbend Senior Housing

# Warren's Story

The kind, hard-working cook for Bethel Mission shares his story of hope after finding a home to call his own with Anawim Housing

We first met Warren when he moved into Anawim Housing earlier this year at our newly constructed Brickstones at Riverbend senior housing complex. Since moving in with Anawim, his story and his kind heart have caught the attention of Anawim staff. Before Anawim, Warren had moved from Chicago to Des Moines in 2016 in the hopes of starting a new life after the passing of his mother. But the road ahead was unknown at the time and full of obstacles. When Warren moved to Des Moines, he stayed with a person he knew for awhile, but drug use became common in their house and when Warren was tight on money, he found himself homeless and living on the streets without any friends or family to lean on. He told himself, *"this isn't me."*

He soon sought help from Bethel Mission, where he stayed in a shelter; after which he was invited to join a program they offered to help him get back on his feet. Warren successfully completed the program after one year, and was offered a full-time job as a cook in the kitchen for Bethel Mission. He began a steady shift working Mon-Sat cooking dinner. "I've been cooking 30 years, so I do a wide range of cooking," he said with a smile. It brings him joy to make great tasting meals for his friends and new family he has found in Des Moines.

Since he had finished the program with Bethel and was accepting a paid position, Warren now needed to find his own residence. That's when he found Anawim Housing. Located just one block north of his work, the newly constructed Brickstones at Riverbend was a perfect fit.

Warren met Amy, his property manager and was approved for a beautiful one bedroom apartment. A place all his own that he could afford on his own, and walk to work from each day.

"I did a lot of praying about my situation. All of the things that were really needed... I've never seen things work out in my favor like this, so it surprised me that everything worked out and I was able to get the job and found the apartment. I love being able to walk to work. The other day I was sitting in my living room and thought Wow! All of this is mine? It kinda just blew my mind. It made me think back on how I've changed because if I had not changed, I wouldn't be in the position I'm in now. So I look at my life now and say thank you Lord, because *I deserve it.*"

Warren continues to instill hope in those he meets. He shows others by example that by truly knowing, respecting and trusting in yourself, anything is possible. ■

## The ANAWIM HOUSING MEN'S BREAKFAST



Russ Frazier, President of Anawim Housing, presents Warren the Anawim Tenant Award

On September 7th, Anawim Housing hosted the first Anawim Men's Breakfast Event at The Cub Club at Principal Park. This event was created as a way for men to come together, to learn more about the work Anawim is doing in our community, and encourage future engagement. George Milligan, Operating Board Chair, helped kick off the event, speaking about the

community we serve, and the impact Anawim is making right here in Des Moines. Nominated by his property manager, Warren was honored for his personal story of perseverance since coming to Anawim. We look forward to continuing to share the message of Anawim at future men's events and we hope you'll join us.



### Anawim Family Wellness fund helps one tenant reconnect to his favorite pastime - fishing

In January of 2018, Gary entered into Anawim's Housing Opportunities 2 Program. Gary camped outside and stayed in a bus behind a local shopping center for two years before coming to Anawim. After five months of being housed, Gary expressed that he struggled with depression and anxiety. After asking Gary what his interests were, he immediately said fishing. Gary then learned about Anawim's Family Wellness fund, which allows individuals and families to participate in a social, cultural or educational opportunity that supports their wellbeing.

Gary was then able to get his fishing license and now goes fishing everyday, primarily for catfish. Gary has improved drastically since entering Anawim's permanent supportive housing program. "My fishing license has been the best thing ever for me. I don't stay in the house all the time and I go out and sit on the river most of the time now. It's peaceful and I enjoy it. Fishing is so soothing and relaxing. I thank you guys for everything that you have done for me. I love my apartment, it's awesome and I praise God every day that you guys keep on going and giving people chances. There are good people out there that appreciate everything you do and one of them is Gary. Thank you," said Gary.





# Anawim Housing

Named a 2018 Top Small Workplace in Iowa by the Des Moines Register

Anawim is pleased to be recognized as one of the Des Moines Register's Great Places To Work. The Des Moines Register annually recognizes 150 companies and organizations in Iowa as Top Workplaces. These companies are honored based solely on surveys about the workplace completed by their employees. Anawim is thrilled to be a recipient of this award in the small workplace category.



This summer, Anawim staff enjoyed a day at Principal Park. Anawim's Family Advocate, Nichole Crawford, threw the first pitch!

We would like to recognize these staff members for their long-time commitment to Anawim:



**Francisca Tejada**  
Property Services Assistant  
16 years at Anawim

*"I love to work at Anawim because I love to help people in need. I work with such good co-workers; we are like a small family."*



**Carlos Berdellans**  
Property Services Technician  
15 years at Anawim

*"I work at Anawim because I love Anawim. My favorite part of the job is renovating units. I love what I do."*



**Monica Muhammad**  
Director of Compliance  
16 years at Anawim

*"I have seen tears of joy as a new family gets the keys to a rental unit. Children running to select their bedroom. My favorite part is leaving the unit after the family gets their keys and knowing they have a place to call home."*



**Robert Hawthorne**  
Lead Groundskeeper  
14 years at Anawim

*"Anawim has been a good company to work for."*



**Arwen Chaplin**  
Housing Manager  
11 years at Anawim

*"I love my job because of the people I work with and the community we serve. I love my co-workers and the relationships I build with my tenants."*



# Ways to Get Involved



Interested in getting more involved with Anawim Housing? We invite you to visit us on our new webpage where you can stay up to date on how you or a group can volunteer your time with Anawim!

[www.anawimhousing.org/give-here/ways-to-get-involved](http://www.anawimhousing.org/give-here/ways-to-get-involved)

On this page, you can fill out a Volunteer Interest Form and learn about upcoming volunteer days and events we are in need of your help with!

## Anawim Housing invites you to join us for our Fall Tour of Homes

*When*  
Wednesday Oct. 3rd  
11:30AM - 1:00PM



*Meet At:*  
Anawim Housing  
1171 7th Street. DSM, IA

Join us as we visit revitalized neighborhoods, houses and new developments where Anawim is providing safe, affordable places for families in our community to call home.

Seats are filling up fast - reserve your spot today!  
RSVP online at [www.anawimhousing.org/announcements](http://www.anawimhousing.org/announcements) or by calling 515.809.1157

## Looking for a special gift? Consider a Tribute Gift.



In lieu of a gift, a contribution to the Anawim Housing Foundation can be given in honor of a wedding, anniversary, upcoming holiday, or birthday. Tribute gifts may also be given in memory of a loved one who has passed away.

Anawim will receipt you for your thoughtful gift and send a notification to the recipient that a gift was given in their honor or in memory of their loved one. Tribute gifts can be made online or mailed to the Anawim office.

If you have questions regarding a gift you are considering, please call Tiffany King, 515.809.1156

### ANAWIM HOUSING STAFF

- Alexandria Aldinger, Marketing/Housing Manager
- Kristyn Arnold, Administrative Assistant
- Dominic Baldi, Program Manager
- Andrea Baldwin, Senior Director of Asset Management
- Michael Benson, Drake Property Services Technician
- Carlos Berdellans, Property Services Technician
- Arwen Chaplin, Housing Manager
- Nichole Crawford, Family Advocate
- Mark Floyd, Groundskeeper
- Russ Frazier, President
- Terry Garber, Property Services Technician
- Nick Goede, Vice President of Property Development
- Phil Graham, Director of Property Services
- Robert Hawthorne, Lead Groundskeeper
- Tony Heer, Property Services Technician
- Tiffany King, Director of Advancement
- Tim King, Property Services Technician
- Hannah Landgraf, Program Manager
- Cynthia Latcham, Director of Programs & Services
- Amy Leonard, Housing Manager
- Kristen Marberry, Housing Manager

- Dan McBee, Program Manager
- Cindy McGrane, Senior Program Manager
- Cassandra Mitchell, Customer Support/Data Entry
- Monica Muhammad, Director of Compliance
- Stacie O'Connor, Supportive Services Manager
- Holly Olson, Vice President of Finance & Accounting
- Jeremy Orcutt, Program Manager
- Raul Osorio, Property Services Technician
- Dustin Parry, Director of Accounting
- Kate Rolles, Marketing & Communications Manager
- Steve Schleicher, Property Services Manager
- Scott Sithonnorath, Program Manager
- Mary Spain, Housing Manager
- Kenny Stone, Property Services Technician
- Francisca Tejada, Property Services Assistant
- Toni Thompson, Groundskeeper
- Kelle Uhlman, Senior Staff Accountant
- Kara Wilcox, Drake Housing Manager
- Scott Williams, Housing Manager
- Shelly Williams, Housing Manager
- Carla Woods, Program Manager
- Jay Zenge, Property Services Technician

### 2018 ANAWIM HOUSING OPERATING BOARD OF DIRECTORS

- George Milligan, Chair | The Graham Group, Inc.
- Kate Raun, Secretary/Treasurer | Yarn Junction Co, LLC
- James A. Beal | RSM McGladrey, Inc.
- Shannon Cofield | Mercy Foundation
- Christine Comito | Fleet Feet Sports
- Elizabeth Goodman | Chapter 13 Trustee, S.D. IA
- Lance Lange | Faegre Baker Daniels, LLP
- Mark Main | W.R. Main Contractor, Inc.
- Kate Massop, MD | The Iowa Clinic
- Douglas McAninch | McAninch Corporation
- William Noth | Ahlers & Cooney, P.C.
- Patricia Shoff | Shoff Salsbery Law Firm
- Joel Templeman | Lillis O'Malley Olson Manning Pose Templeman LLP.
- Deb Tharnish | Davis Brown Law Firm
- Kendal Watkins | Davis Brown Law Firm
- Michele Whitty | Community Volunteer

### 2018 ANAWIM HOUSING FOUNDATION BOARD OF DIRECTORS

- Kate Massop, MD, Chair | The Iowa Clinic
- Kate Raun, Secretary/Treasurer | Yarn Junction Co., LLC
- Marilyn Carroll | Mercy Medical Rehab (Ret.)
- Bob Douglas | Davis Brown Law Firm
- Diane Hernandez | Iowa Employment Solutions at DMACC
- Denise Horner | Community Volunteer
- Joanie Houston | Community Volunteer
- Sue Kenny | Community Volunteer
- Cecelia Kent | Community Volunteer
- Claudette McDonald | Family Communications Associates Inc.
- George Milligan | The Graham Group, Inc.
- Tim Sitzmann | Midwest Clothiers